

**Three Fables:
Keys to Change the Heart**

By Lucy Lombos

Illustrated by Rey Xernan de la Torre



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Date Published: May 3, 2020

Dedication

These three fables are dedicated to all

FILIPINO CHILDREN,

most especially, to those kids who live in

- the City of Manila where the author of this book was born and raised;
- Muntinlupa City where Lombosco Academy, her school she manages, is located,
- Oriental Mindoro where the author's parents were born and raised,
- and in Makati City where she resided while studying in elementary and high school.

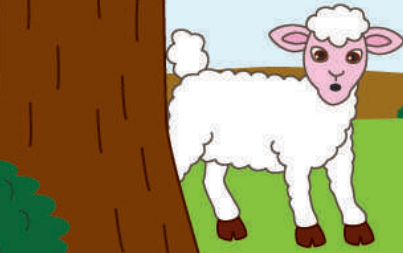
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- **The Lion and the Lamb**

In the forest, the lion said, "I am the King of the jungle."



A particular lamb heard the lion. The lamb remained meek and hid behind the tree.

The lion bragged, "I am the smartest among the animals."

The lamb kept quiet.

The lion roared, "I am the strongest!"

The lamb just listened.

The lion shouted, "I am the most powerful!"

And then, the lamb walked away.

No other animal was listening to the lion at that time.

Moral: Leadership is not boasting of one's title and power. It is a responsibility to your followers.



- **The Eagle, the Pilot and the Angel**

The eagle soars high as everyone knows.

“Whoopee, I am powerful. I can fly up above at 10,000 to 15,000 feet high at about 65 miles per hour (mph) without rest, using my great wings. No one else can do this,” the eagle said.

Hearing that up above the horizon, a pilot commented, “Hey, with my knowledge and experience, I can fly really high in the sky.

"Oh, really? I don't believe you," the eagle argued.

"Using a commercial plane, I fly at altitudes between 36,000 and 40,000 feet, and that's very, very high."

"I have sharp claws and acute vision. I am focused on my prey. I can swoop down at a fast speed of 200 mph and spot other creatures. That's my nature!" the eagle added.

"I have used the most modern and well-designed airplanes and I can fly them with great ease," the pilot countered.

"Airplanes are patterned after us," the eagle commented.

"Hmmm... Concorde plane already flew at an altitude of 60,000 feet high," the pilot remarked.

And they continued to brag about their strength and skills.

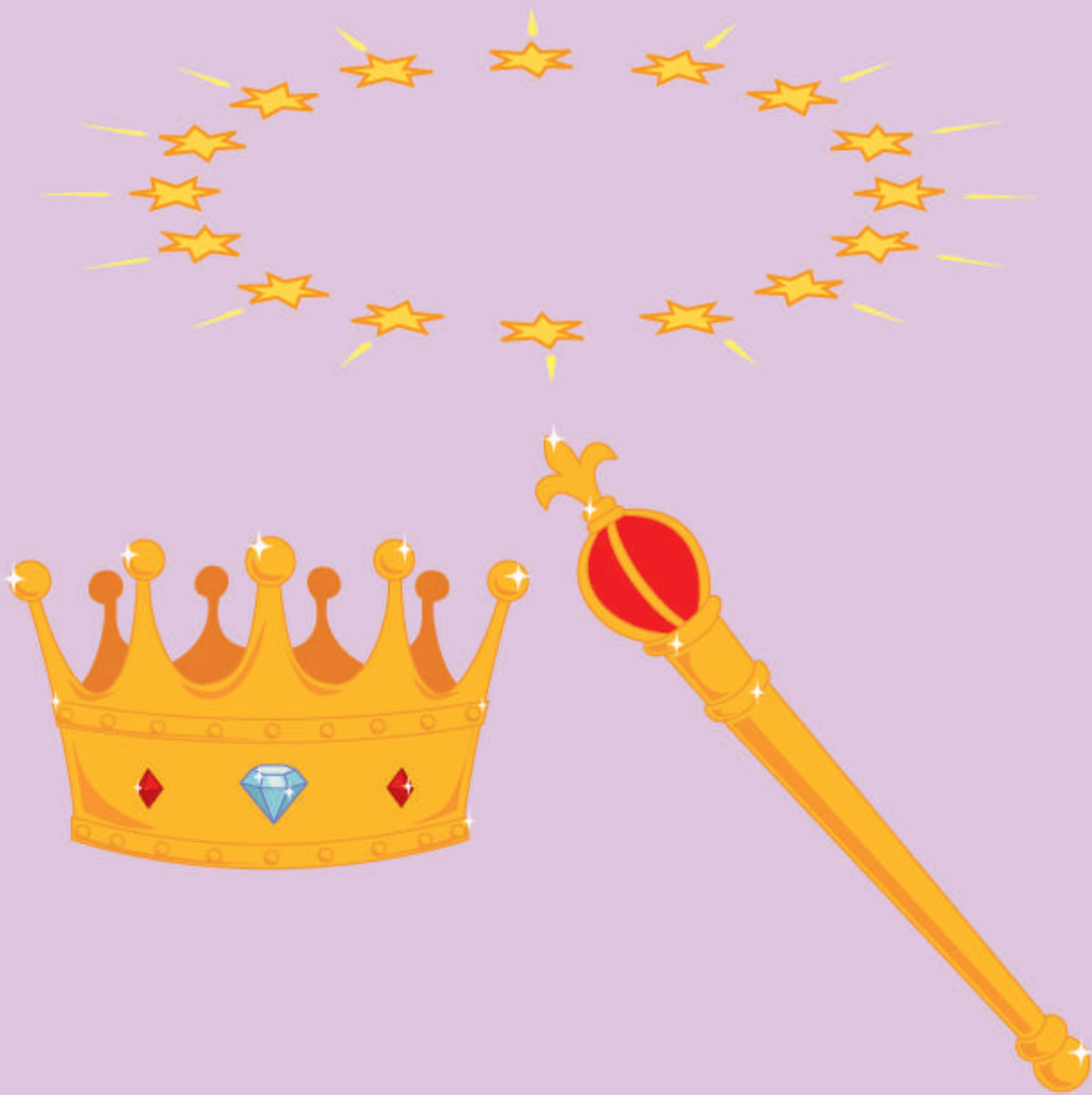
Then, there was an angel who interrupted them, "Excuse me, can you do flying all by yourselves? Have you thanked the air and, most importantly, the One who all gave you the skills and talents to fly high?"

And the eagle and the pilot kept their mouths shut.

The angel flew up above them to give praises and thanks to his Creator.

The eagle and the pilot looked up above till they could not see the angel anymore.

Moral: ***Don't be boastful. Be grateful to your source of greatness and strength.***



- **The Crown, the Scepter and the Halo**

The people around the world praised and applauded the shimmering, universal Crown of Beauty.

The bejeweled Crown said, "I'm really gorgeous! I'm on TV, commercial shootings, pictorials, interviews and socials."

Scepter, her friend, agreed, "Yes, you are! Everyone admires you!"



"Haha... I create a high standard of beauty!" the Crown of Beauty boasted. She was focused on her remarkable physical appearance.

"And you're famous in the world's history of beauty, my most valuable Crown!"

"Thank you! You're indeed my buddy."

"Together, we are great... Powerful, too!" Scepter said.

And then, the vain Crown of Beauty belittled the local headdresses, head wreaths, and town fiesta crowns.

"Huh, they are not as lovely as me... right, Scepter? The Crown of Beauty asked.

"Indeed, you are the loveliest among them!" Scepter commented.

After a year, the organizers of the Beauty Pageant hid the Crown of Beauty inside the glass shelf at the pageant's museum because one of her diamonds got lost. A new one was designed.

One morning, the global news came out with a lot of talks about a unique crown. Everyone heard about the interesting news.



"Who is in the news? Everyone talks about her," Crown asked Scepter, who was also kept inside the glass shelf after another competition was held.

"Halo creates the buzz nowadays being placed on the head of a new saint. Many people said that heaven rejoices, too!" Scepter replied.

"And so, what's our difference?" the Crown of Beauty asked.

"Hmmm... Well, you are beautiful here on Earth!"

"But what about Halo? The entire universe seems touched and inspired about her."

"Halo is donned only by deserving people, especially those who are humble, faithful and loving. Halo looks glorious, just like on the Savior's and His mother's heads!"

"Uh-hum... And you mean Halo shines brighter than I am?" the Crown of Beauty asked.

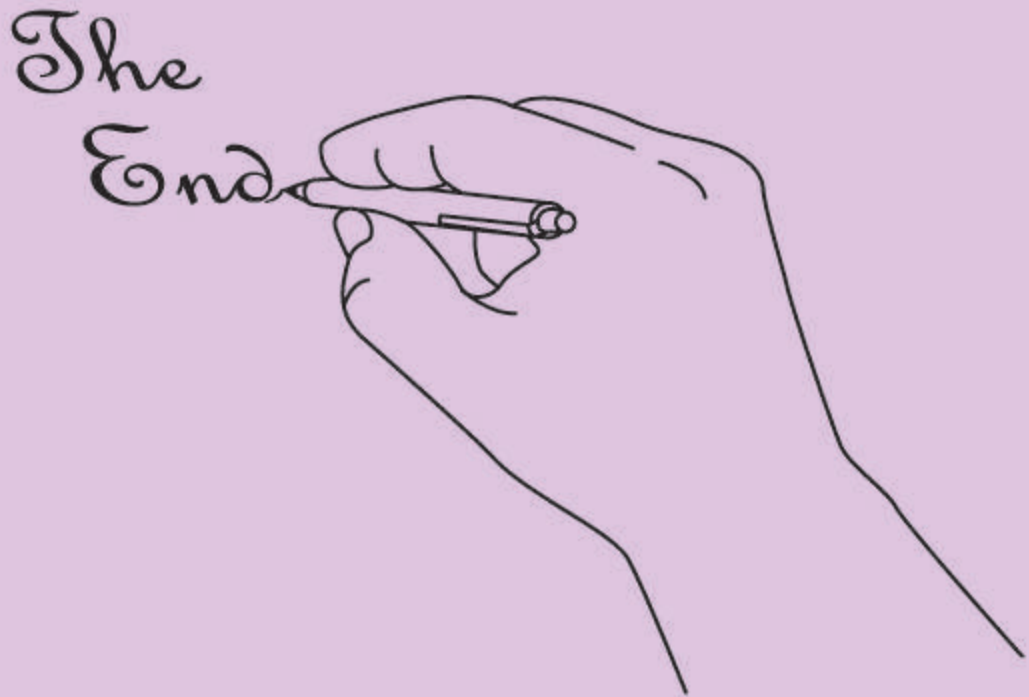
"I think, Halo stands for something deeper," Scepter said.

"Like what?" the Crown of Beauty asked.



"Like being holy... Halo creates a light of glowing grace and love," Scepter replied and continued, "She shows to seek first the most important thing for the soul."

Moral: External beauty is admired. But inner beauty is far more important. The purity of the heart is revered and honored in a much deeper way.



*** **

Please tick the box if you like the fables.

*** **

SPECIAL REQUEST

To all those who bought and read this book-

If you loved these fables and have a minute to spare, the author would really appreciate a short review from you to be posted on the site where you bought the book. Your help in spreading kind words is a great succour to other readers, especially to the young children from different parts of the world.

GREAT THANKS!

*** The Author ***



Hi! **Lucy E. Lombos** is the author of these Three Fables. Each letter of her first name has meaning.

L- Light. Yes, that's right, the bubbly light of the family! She is a loving daughter and sister, a wife, a mom of three sweethearts, a jolly friend and a brilliant teacher. She always asks the Holy Spirit to enlighten her mind, to inspire her and guide her all the time. Praise God! Modesty aside, she graduated with Honours-Valedictorian in Elementary, Silver Medallist with General Excellence Award in High School and Cum Laude in College. In De La Salle University, Taft, Manila, she pursued her graduate studies; and completed the academic units at the University of the Philippines where she specialized in Language and Literacy. She further enhanced her English proficiency skills by enrolling in a TESOL (Teaching English to Speakers of Other Languages) with Practicum Course in Vancouver, British Columbia, Canada.

U- Understanding. She has a substantial and deep understanding of her profession. She undertakes teaching the English fundamental skills, and these are – Speaking, Reading, Writing and Listening. She founded Lombosco Academy in the Philippines in 2000 and she remains the Academy Directress, and the Editor-In-Chief of its Newsletter.

C- Children. They are the subject of her craft. She studied courses about Writing for Children, Writing a Life Story and Writing Young Adult Novel in Canada. She also earned a Diploma in Child Psychology in USA.

Y- Young. She is always young at heart. She would like to learn more. She never stops resting on her laurels. She enjoys blogging and contributing articles for different media. Further, she is a member of ILA- International Literacy Association and Society of Children's Book Writers and Illustrators.

*N.B. *** Lucy taught at Puerto Galera Academy after her College Graduation; and became the Principal at Prince of Peace Montessori, Puerto Galera.*

**** She was given an official recognition for promoting tourism in Puerto Galera, Philippines through her authored books in March, 2018 and another special recognition from Puerto Galera Tourism Council in October 2019.*

***** The Illustrator *****



The illustrator of these fables is Rey Xernan de la Torre.

Rey served in the United States Navy. He was honorably discharged from the Navy in 1997.

After the Navy, he went to college and earned a bachelor's degree in graphic design from California State University Northridge in 2001.

He grew up with an appreciation of art. He has great skills in computer art using Adobe Illustrator and Adobe Photoshop. Plus, he has some skills doing cartoon animation using Macromedia Flash.

***** Her other published books are *****

Ang Tinago Kong Piso/The Peso-Coin I Kept,

The Class Lady Bug,

The Star of the Sea: A Boat Ride,

Happiness 365 and 1/4 Days,

'Ter and Ter (The Turtle and the Eagle),

The Joys of Junior,

Swanie's Bag,

Rose of Calapan (a novel),

and

Bono.

***** Her upcoming books are- *****

Pinky Oinky,

Noshi, the House Fly

And

Gracie and Dots.

Acknowledgment

I would like to express my deep gratitude to the following people for giving me the big support which I humbly needed in writing this book –

Umberto L. Lombos for publishing this
book,

Rey Xernan de la Torre for its illustrations,

Ma'am Grace Celada for giving me the
Foreword,

Ms. Theresa Jacobs

and Ms. Amelia Jusi Garcia for writing the
wonderful blurbs
for this book,

I am truly happy and grateful to you all.

Without your generous help, this book
may not have been possible.

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Afterword

The Lion and the Lamb - The fable serves as an eye opener to everyone, especially to the youth of today that if given the chance to be a leader, they must realize that it is not the position or title, the wealth and strength they possess that they have to uphold and start to become proud but on the responsibilities that go with it. It is a must for everyone to read.

The Eagle, the Pilot and the Angel - This is a response to a need for strong moral value among the children to start with early in life. It will inspire them to strive hard enough to soar high with their dreams using their potentials to the fullest. This fable is a reflection of the strong spiritual character of Author-ess Lucy Enriquez-Lombos to remain humble and dedicated to our callings in life and to recognize and give praise to the main source of all talents and blessings, Our Father God in heaven.

The Crown and the Scepter - Everyone loves everything beautiful and strives to hold on to it. Sometimes people gifted with extraordinary physical and facial beauty, intellectual ability and physical strength focus on what is visible to the human eye for it brings them joy, fame and fortune that oftentimes lead them to become proud forgetting the invisible. The writer shares with the readers the importance of both visible and invisible. A beautiful face may cause someone to become vain, forgetting the internal beauty which has a greater impact. The value of one's inner beauty like simplicity and compassion draw more respect and admiration.

Grace A. Celeda
Teacher and Elder-in-Charge of Lombosco
Academy, Philippines

Through her wisdom, and generous heart, Authoress Lucy Lombos breathes life into new fables. What a creative and fun way for kids to read, enjoy and learn!

Author Theresa Jacobs

**<https://theresajcbs.wixsite.com/authorpage>,
Canada**

After the success of the first nine books she had published, author Lucy E. Lombos completes her finger count with this tenth book, *Three Fables: Keys to Change the Heart*. It undoubtedly features short stories of good deeds and values for children. In these fables, the author dives more deeply into sharing with children the importance of being a responsible leader, living life with humility, and becoming compassionate with others. We follow the author as she weaves stories that made us remember our childhood experiences and memories, instilling timeless values and characters. These fables will surely amaze the children as they can actually relate themselves to the characters. The lessons are very timely and worth emulating. Learning them should not be kept but must be practised, shared and spread out to promote Character Building and Literacy as well.

Amelia Jusi Garcia

Master Teacher I – English

**Puerto Galera National High School, Puerto
Galera, Or. Mindoro, Philippines**

The language is simple and easy for kids to comprehend. The moral lessons are clearly stated. Congratulations, Lucy Lombos!

- Sr. Carina Canlas, FMA,

Salesian Sister of Don Bosco, Philippines

